

November



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5 Weekly Salad bar: Siletz farm butter lettuce, spinach, Bell pepper, kidney beans, beets, tomato, cauliflower, broccoli, pears, honey dew, cucumber, tomato	6 Breakfast – Waffles, sausage Lunch – loaded nachos After school - deli sandwich and veggies with ranch	7 Breakfast – Apple pancake Lunch – Rib sandwich, tater tots steamed broccoli After school – eggroll's and fruit	8 Breakfast – loaded Bagel bar Lunch – shepherd's pie and green beans After school – chicken tenders and veggies	9 Breakfast – Cinnamon rolls Lunch – chicken enchiladas, pinto beans and corn with roasted peppers After school – corndogs and fruit	10 <<<Veterans day food- Thursday before assembly Fried chicken sandwich, deviled eggs, fresh sweets and soda.	11
12 Weekly Salad bar: Romaine lettuce, spinach, Bell pepper, garbanzo beans, beets, cauliflower, broccoli, pineapple, fresh fruit, cottage cheese	13 Breakfast – Pancake with sausage Lunch – Cheese and pepperoni pizza After school - Parfait and fresh fruit	14 Breakfast – biscuits and gravy Lunch – Tomato soup with grilled cheese After school – corndog and fruit	15 Breakfast – hash brown and egg frittata Lunch – Chicken pot pie with biscuit After school – chicken sandwich and fresh fruit	16 Breakfast – French toast sticks Lunch – lasagna with green beans After school – hotdog and veggies Mini Pow-wow	17	18
19 Weekly Salad bar: Mixed greens, arugula, Bell pepper, garbanzo beans, beets, cauliflower, broccoli, apple sauce, fresh fruit, cucumber, tomato	20 Breakfast – Breakfast pizza Lunch – Chicken burgers and tater tots After school – sun butter and jelly sandwich with veggies	21 Breakfast – Apple pancakes Lunch – Pulled pork, mac and cheese, collard greens. After school – Chicken tenders and fruit	22 No school	23 No school	24	25
26 Weekly Salad bar: Mixed greens, spinach, Bell pepper, garbanzo beans, beets, cauliflower, broccoli, apple sauce, cucumber, tomato, fresh fruit	27 Breakfast – Loaded bagel bar Lunch – Cheeseburgers, tater tots After school – hotdog and fresh fruit	28 Breakfast – biscuits and gravy Lunch – Cheese and peperoni pizza After school – chicken tenders and fruit	29 Breakfast – Egg and hash brown frittata. Lunch – Chicken and vegetable curry After school – Deli sandwich and fresh veggies	30 Breakfast – Breakfast pizza Lunch – Beef yakisoba and eggroll Afterschool snack – Fish sandwich and fruit		